

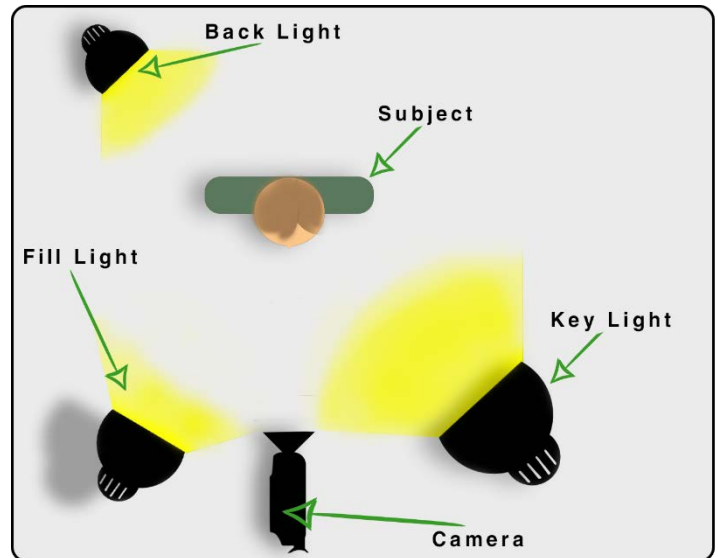
Lighting your Shot

Three Point Lighting

It is common practice to use three point lighting to light a shot. The three lights are called:

- Key Light
- Fill Light
- Back Light

The key light is the strongest and most important light. If filming in daylight, your key light will be the sun. If you only have one source of light, use this as your key light. Set up your scene so that the subject being filmed is well lit with a slight shadow on one side of their face.



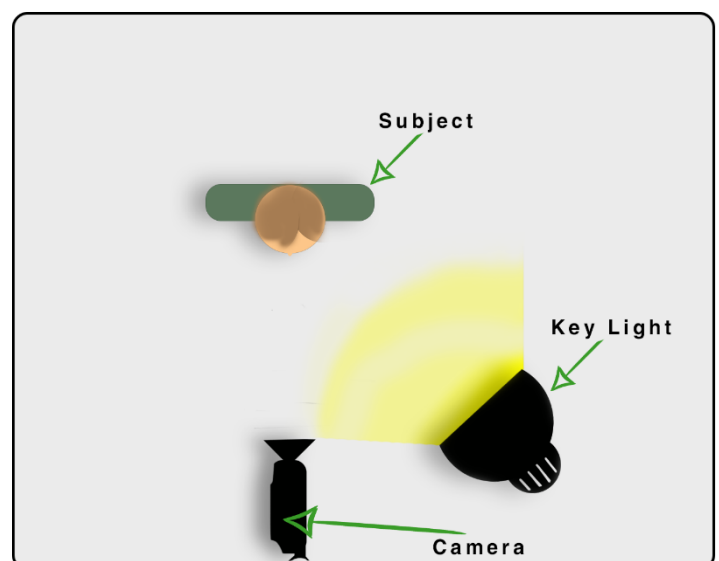
The fill light is then placed opposite the key light, to fill in the shadows. This light source is softer and less bright than the key light. If you're using a window as a key light you could use a white sheet of card to bounce the sun onto the darker side of your subjects face.

The back light is placed behind the subject and gives a highlight to the subject's outline and separates her/him from the background. This will give depth to your shot and make the subject appear sharp. You could use household lighting such as a desk lamp for your back light.

Filming indoors

If you are filming indoors, use natural light to your advantage and film with your subject facing a window (this is your key light).

A large sheet of white card can be used to reflect light from the window onto your subject's face to decrease shadows (this is your fill light).



Warning: Lights can be very hot so be careful when moving them.